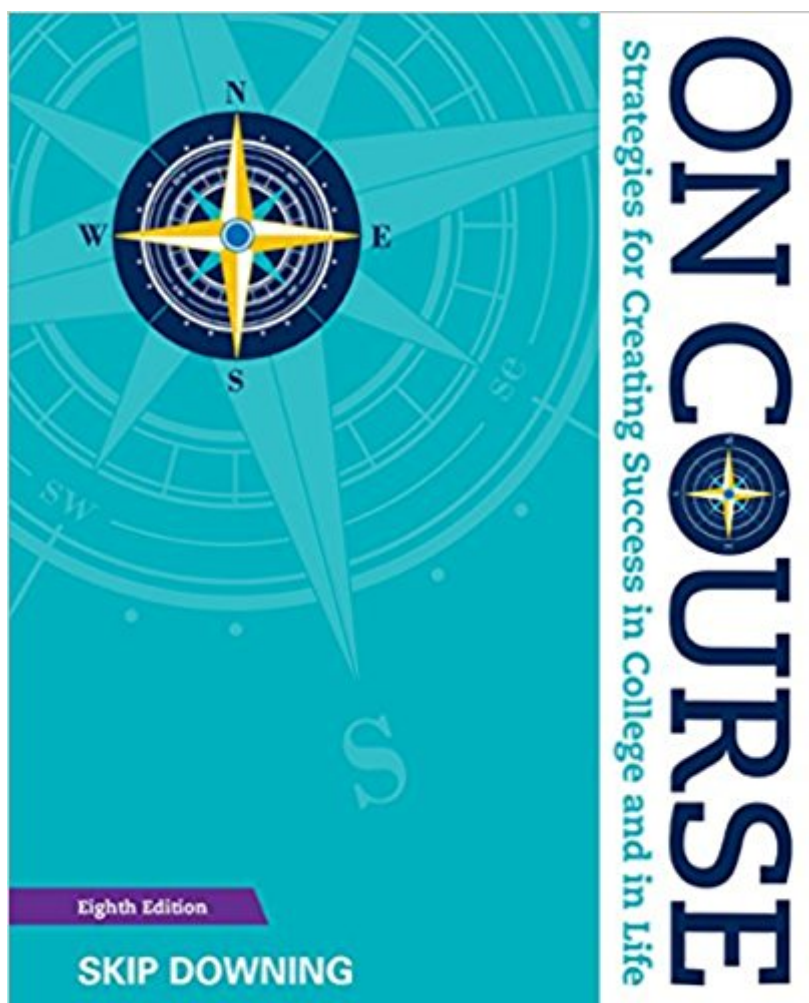


The book was found

On Course: Strategies For Creating Success In College And In Life



Synopsis

ON COURSE: STRATEGIES FOR CREATING SUCCESS IN COLLEGE AND IN LIFE empowers you with the tools you need to take charge of your academic and lifelong success. Now in its 8th edition, ON COURSE presents the choices that successful students make. A self-assessment at the beginning of the text helps you identify behaviors and beliefs you may wish to change in order to achieve more of your potential in college and in life. Through short articles and distinctive guided journal entries, the author encourages you to explore and develop eight keys to your success: personal responsibility, self-motivation, self-management, interdependence, self-awareness, lifelong learning, emotional intelligence, and self-esteem. As you develop these skills, you'll find yourself making more effective choices and achieving greater success. In addition, the "Toolbox for Active Learners" provides extensive coverage of study skills that will help you excel in all of your college courses. Another self-assessment before and after the "Toolbox for Active Learners" will show you how much you've learned about being an effective learner.

Book Information

Paperback: 338 pages

Publisher: Cengage Learning; 8 edition (January 1, 2016)

Language: English

ISBN-10: 1305397479

ISBN-13: 978-1305397477

Product Dimensions: 7.3 x 0.4 x 9 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #12,012 in Books (See Top 100 in Books) [#9 in Books > Education & Teaching > Schools & Teaching > Counseling > Academic Development](#) [#221 in Books > Textbooks > Education](#) [#334 in Books > Self-Help > Success](#)

Customer Reviews

Get Ahead with Downing's On Course: Strategies for Creating Success in College and in Life

[View larger](#)

[View larger](#)

[View larger](#)

[View larger](#)

[Toolbox for](#)

Active Learners Unlike texts that present a long menu of study options, On Course organizes study skills based on the logical learning steps as identified by research on the brain and effective methods for learning. The strategies are all collected here so you can easily refer to this section. The section also includes a new Study Skills Self-Assessment that you can take before learning

about study skills to discover areas where you can improve. At the end of the course, retake the self-assessment to see how far you've come.

Guided Journal Entries A guided journal entry immediately follows each article about a success strategy, giving you an opportunity to apply the strategy you have just learned to enhance your results in college and in life. Many instructors of the course say the guided journal writings are extremely powerful in helping students make new and more effective choices, thus improving their academic success and persistence.

Case Studies in Critical Thinking Case studies help you apply the strategies you are learning to real-life situations. As such, they help prepare you to make wise choices in the kinds of challenging situations you will likely face in college. Because case studies don't have "right" answers, they'll help you develop your critical and creative thinking.

One Student's Story These 28 short essays are authored by fellow students who used On Course strategies to improve the quality of their outcomes and experiences in college. These stories show the positive and dramatic results possible when you apply what you learn in this course to overcome the multitude of challenges that can sabotage your success in college, and beyond.

Everything in One Place with MindTap View larger View larger View larger

View larger Tap into engagement MindTap empowers you to produce your best work—consistently. MindTap shows where you stand at all times—both individually and compared to the highest performers in class. Source: Cengage Learning live student intercepts of 700 students at 33 colleges.

MindTap is designed to help you master the material Interactive videos, animations, and activities create a learning path designed by your instructor to guide you through the course and focus on what's™s important. Source: Cengage Learning social media survey, 2015.

MindTap is Mobile The new MindTap Mobile App provides the mobility and flexibility for you to make any time study time. Source: elearninginfographics website. 2015.

MindTap helps you stay organized and efficient MindTap gives you the study tools to master the material. Source: Mobile Cengage Learning survey, 2015.

[Download to continue reading...](#)

Money: Saving Money: Success: Get More Money & Success In Your Life Now!: 3 in 1 Box Set: Money Making Strategies, Saving Money Strategies & World's Best ... Tips for Personal Finance & Life Success) On Course: Strategies for Creating Success in College and in Life, 2nd Edition On Course: Strategies for Creating Success in College and in Life On Course: Strategies for Creating Success in College and in Life (Textbook-specific CSFI) The Kids' College Almanac: A First Look at College (Kids' College Almanac: First Look at College) On Course: Strategies for Creating Success

in College and in Life (Textbook-specific CSFI) Your College Experience, Two-Year College Edition: Strategies for Success Saunders 2016-2017 Strategies for Test Success: Passing Nursing School and the NCLEX Exam, 4e (Saunders Strategies for Success for the Nclex Examination) Python: Python Programming Course: Learn the Crash Course to Learning the Basics of Python (Python Programming, Python Programming Course, Python Beginners Course) Paying for College Without Going Broke, 2017 Edition: How to Pay Less for College (College Admissions Guides) Creating College Lists: Your Guide to Using College Websites to Pay Less for a Better Education Your College Experience: Strategies for Success Creating Career Success: A Flexible Plan for the World of Work (Explore Our New Career Success 1st Editions) Forex: Strategies - Best Forex Trading Strategies For High Profit and Reduced Risk (Forex, Forex Strategies, Forex Trading, Day Trading Book 2) Psychiatric Mental Health Nursing Success: A Course Review Applying Critical Thinking to Test Taking (Davis's Success) Trading: 6 Manuscripts + 8 Bonus Books - Forex Guide, Day Trading Guide, Options Trading Guide, Forex Strategies, Day Trading Strategies, Options Trading Strategies Options Trading: Strategies - Best Options Trading Strategies For High Profit & Reduced Risk (Options Trading, Options Trading For Beginner's, Options Trading Strategies Book 2) Options Trading: Strategies - Best Options Trading Strategies For High Profit & Reduced Risk (Options Trading, Options Trading For Beginner's, Options Trading Strategies) (Volume 2) COACHING :Coaching Questions Powerful Coaching Questions To Kickstart Personal Growth And Success Now ! - Life Coaching,Life Coach, Success Principles,Success Habits- Life Strategies For Teens (Life Strategies Series)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)